

ELECTRONIC PRESS KIT · 2026

DR JO STEENKAMP

JOS® — SPONTANEOUS SCULPTING

Another life. Different walks. Chartered lands. Traveled time.

FROM *SHAPE SHIFTER*, 2021

BRONZE · PIECE UNIQUE · PRETORIA, SOUTH AFRICA
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AT A GLANCE



DR JO STEENKAMP, STUDIO
PHOTOGRAPH

PRACTICE	JOS® – Spontaneous Sculpting
MEDIUM	Bronze, modelled from clay
EDITIONS	A single unique cast of each work. The mould is destroyed after casting.
BODY OF WORK	51 catalogued bronzes, 2021–2026
PLACED	35 of 51 works acquired by private collectors
AVAILABLE	16 works
COLLECTION	Shape Shifters
COMMISSIONS	Vienna, Austria Château De Najade, Loire Valley, France
DOCTORATE	DLitt et Phil, 1991 – SHIP®
STUDIO	Brooklyn, Pretoria, South Africa

Dr JO Steenkamp is a South African sculptor working from his studio in Brooklyn, Pretoria. Born and raised in South Africa, he practised as a clinical psychologist for more than forty years. His return to sculpture in 2021 revealed a continuity between two lifelong enquiries.

JO's sculptures are created through an intuitive process of spontaneous discovery, each evolving in the absence of a predetermined outcome, allowing form to emerge unconditionally. Cast as unique bronzes, they preserve a singular moment in a process that cannot be recreated. Of fifty-one works created in five years, thirty-five have been acquired by private collectors, including an international commission from France. JO is currently working on his second international commission from Vienna, Austria.

ARTIST BIOGRAPHY

Born and raised in South Africa, JO Steenkamp practised as a clinical psychologist for more than forty years, dedicating his professional life to understanding the processes through which people heal spontaneously and live their uniqueness. His doctorate on SHIP® (Spontaneous Healing Intra-systemic Process, 1991), five books and various international publications, along with presentations at national and international conferences, explored the nature of human consciousness and transformation.

In 2021 his return to sculpture revealed a continuity between two lifelong enquiries. Sculpture became another language through which the same fascination with the mystery of becoming could unfold.

JO's sculptures are created through an intuitive process of spontaneous discovery. Each work evolves in the absence of a predetermined outcome, allowing form to emerge unconditionally. Cast as unique bronzes, the individual sculptures preserve a singular moment in an unfolding process that cannot be recreated.

He assembles the bases himself, from found recycled cast iron objects — a playful reconfiguration of old material.

PUBLICATIONS & PROFESSIONAL BACKGROUND

DOCTORATE	DLitt et Phil, 1991 — on SHIP® (Spontaneous Healing Intra-systemic Process)
FOUNDATION	The SHIP® Foundation — founder member and CEO, established 2001 · www.ship.org.za
BOOKS	Five titles, internationally available
ARTICLES	Author and co-author, internationally published
SPEAKING	Academic institutions, public and business forums, conferences, radio and television
PRACTICE	40+ years, Pretoria — spontaneous healing of trauma and psychobiological transformation

ARTIST STATEMENT

There is something that does not begin with us. It moves through memory and form – through what has been lived and what has been left behind.

My sculptures are born from this space.

Forms surface, shift, dissolve, and reconfigure – carrying traces of something both ancient and immediate. Primordial archetypes meeting present experience. What appears is not fixed, but a moment of potential configuration. From there the sculpture slowly discovers itself.

Over more than four decades as a clinical psychologist I witnessed a similar phenomenon in people. Transformation rarely occurred because someone forced change upon themselves. It unfolded when the conditions became receptive enough for something already present to reveal itself.

In the same manner each sculpture remains intentionally open. Meaning is completed in the meeting between the sculpture and the person standing before it.

Many viewers recognise faces,
Others experience emotions,
Some encounter memories they cannot name.

My intention is not so much that viewers understand the work.

It is that they experience it.

That, for a moment, curiosity is activated – and something quietly forgotten begins to converse again.

JO Steenkamp

SPONTANEOUS SCULPTING

Each sculpture arises from a confluence within the moment of sculpting. No two are the same. Cast once in bronze, the mould is destroyed — preserving the irreversibility of its emergence. No repetition. No return. Only the trace of a singular convergence.

The body of work, *Shape Shifters*, presents figures that refuse to settle. Faces surface and dissolve; a single form carries several presences at once. Primordial archetype meets present, lived experience.

A NOTE ON THE TEXTS

Every sculpture in this collection carries a written text in the artist's own words.

Those texts appear throughout this document in *italics*.

Where a text has been shortened for space, the full version is published at www.jos.co.za.

FOUR CURRENTS

I

THE KEEPERS

Custodial, rooted, ancestral — the largest works and the structural spine of the collection

•

III

THE THRESHOLDS

Waiting, void, dawning, transition — the quietest and most interior of the groups.

II

THE ARCHETYPES

The inherited cast of the psyche — warrior, sage, listener, emperor, totem

IV

THE HUMAN REGISTER

Jazz, love, laughter, the eccentric — the everyday made luminous.

NAJADE



NAJADE

2026 · BRONZE; PIECE UNIQUE · H 1 M · COMMISSIONED

For Château De Najade — southern part of the
Loire Valley, France.

The largest work the artist has created.

Photographs: Leonie Scholtz



Commissions are accepted by arrangement and with the caveat that, due to the spontaneous nature of the work, the outcome remains a surprise. As with all JOS® work, a commissioned piece is cast once and the mould destroyed.

PRINCIPAL WORKS



SHAPE SHIFTER

2021 · BRONZE; PIECE UNIQUE · IN A PRIVATE COLLECTION

*Another life
Different walks
Chartered lands
Traveled time
De ja vu
We have been
De ja who?
We have seen*

The Artist's first sculpture since his return to this medium in 2021, and the title of his entire body of work.



THE EMPEROR HAS A VISIBLE CROWN

2022 · BRONZE; PIECE UNIQUE · AVAILABLE — ON VIEW AT BONTHEIJS, PRETORIA

*The internal hero is crucified
To attain responsibility
Of freedom*



PRINCIPAL WORKS



The Listener

2025 · BRONZE; PIECE UNIQUE · AVAILABLE

*Where ego dissolves
Behind the veil
A clarity
And artistic freedom
Of moving absence*



ACQUITTED BUT GUILTY: INNOCENCE LOST

2023 · BRONZE; PIECE UNIQUE · AVAILABLE

*The internal judge and executioner
Compel us to contemplate and weigh
The consequences
Of choice and decision*



PRINCIPAL WORKS



INTO THE VOID

2023 · BRONZE; PIECE UNIQUE · AVAILABLE

*The abyss of undefined
Our ancestral code
Awakens unimaginable possibilities*



HAIR: FINDING IDENTITY

2024 · BRONZE; PIECE UNIQUE · AVAILABLE — ON VIEW AT
BONTHUIJS, PRETORIA

Sensual identity exposes itself through the canvas of 'I'



PRINCIPAL WORKS

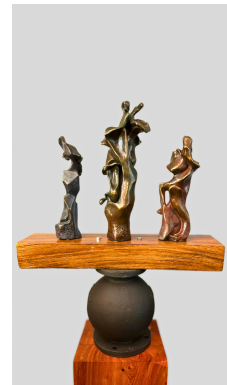
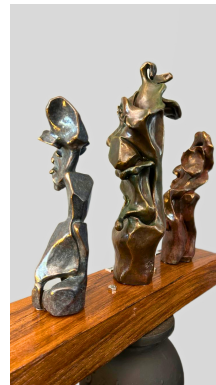
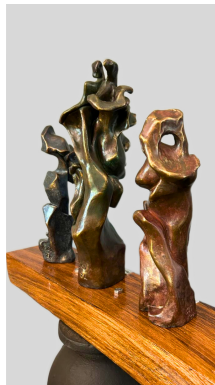


THE SPIRIT OF NATURE

2024 · BRONZE; PIECE UNIQUE · UNIT OF THREE · AVAILABLE

Nature has never been Out There

Earth, Plants and Rocks — three figures conceived and sold as one work. A triptych.



THE CLOWN

2021 · BRONZE; PIECE UNIQUE · IN A PRIVATE COLLECTION

By humouring the trauma-emotions of fear, anger & sadness, the Clown exposes the underlying vulnerability, the perfect narrative for healing



PRINCIPAL WORKS



SIMPLICITY IS COMPLICATED

2025 · BRONZE; PIECE UNIQUE · IN A PRIVATE COLLECTION

Simplicity is not the absence of complexity, but its integration



FLOW

2023 · BRONZE; PIECE UNIQUE · IN A PRIVATE COLLECTION

*The continuous adjustment
Maintaining motion
And centredness
Within the critical space
Of tolerance*



PRINCIPAL WORKS



WISDOM SOPH(IA)

2021 · BRONZE; PIECE UNIQUE · IN A PRIVATE COLLECTION

Enlightenment – transformation, the inner spiritual force, brings karma to rest



EMBRACE — A PLACE OF SAFETY, THE LANGUAGE OF LOVE

2024 · BRONZE; PIECE UNIQUE · IN A PRIVATE COLLECTION



*Within this internal connection
Where gentleness flows from the chaos
We reclaim the abandoned parts
Yes, it is a stepping through the gate of our
next evolution
Where our fears my dear will no longer
appear*



FURTHER WORKS



PHANEROSIS OF SPIRIT OF METSAVANA I

2021 · IN A PRIVATE COLLECTION

Symbolizes the act or the process of attaining visible manifestation through the Tree-Source of Life



KEEPER OF SECRETS

2021 · IN A PRIVATE COLLECTION

*Memories
Of old, roosting deep
And lyrics surface
When we reach
A familiar voice*



STARGAZER

2024 · IN A PRIVATE COLLECTION

*Yes
Staring
Searching
The longing*



LIFE FROM LIFE — CREATIVE FORCE

2022 · IN A PRIVATE COLLECTION

*Our pilgrimage as part of the eternal transient voyage
of Spirit within Its embodied universe*

SELECTED WORKS

FURTHER WORKS



WARRIOR ARCHETYPE

2023 · IN A PRIVATE COLLECTION

*As the true warrior
Face fears, anger and hurt
Within his internal healing abyss
The liberation journey
Few undertake*



EGYPTIAN QUEEN

2023 · IN A PRIVATE COLLECTION

*The Egyptian Queens of antiquity are projected as
temptresses admired for their beauty, passion, power of
seduction & cunningness*



LOVERS' MERGENCE

2023 · IN A PRIVATE COLLECTION

*Significant interactions sprout the new
As parts of us come to life*



INUKSUK: A TRIBUTE

2024 · IN A PRIVATE COLLECTION

*A celebration of humanness
Companionship
To communicate
Into the future*

SELECTED WORKS

FURTHER WORKS



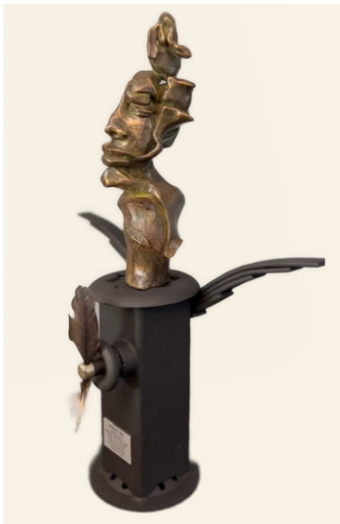
AN ECCENTRIC OLD MAN
2024 · IN A PRIVATE COLLECTION

*Manifesting our unique individuality
Is our divine and most natural state*



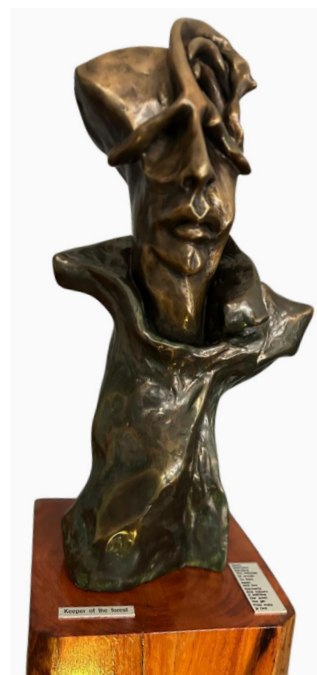
THE MERCHANT'S GENIE
2025 · IN A PRIVATE COLLECTION

*Sometimes we need a little magic
And sometimes we need a lot*



MEDICINE MAN
2025 · AVAILABLE

*Captivating cosmological secrets
Nudges us to surrender
Find the inner voice
Transcend anticipation
And flow in Now*



THE KEEPER OF THE FOREST
2021 · AVAILABLE

*Roots
Intertwine
Sending
The message
Of breath*

EXHIBITIONS & DISPLAYS

CURRENTLY ON VIEW

Bonthuijs Contemporary Art Gallery — Halfway Ridge Square, Lynnwood Road, Pretoria.

Three works on display and available: *Hair: Finding Identity*, *The Emperor has a Visible Crown* and *Dawning of consciousness*.

SOLO

2026 **Shape Shifters: The Voice Behind the Veil**
De Gallerij, Pierneef's Kraal, Pretoria · 7 May – 7 June 2026

GALLERY & GROUP

2024 **SculptX'24**
The Melrose Gallery, Johannesburg · 6 September – 2 November 2024

PRIVATE EXHIBITIONS & DISPLAYS

2024 **Groenkloof Advocate Chambers**
Pretoria · July 2024

2024 **Terenzo Suites**
Johannesburg · May 2024 · private exhibition

PRESS & COMMENTARY

Available on request.

COLLECTING THE WORK

01

SCARCITY

One cast. The mould is destroyed. No editions, no artist's proof — one. Each JOS® sculpture is a spontaneous, in-the-moment creation, and the destruction of the mould is intrinsic to the work and its value.

02

FOUR DECADES BEHIND THE FORM

Spontaneity does not arise in a vacuum. Spontaneous Sculpting draws from more than four decades of clinical practice, doctoral research, writing and sustained enquiry into consciousness and transformation — and the recurring observation that transformation unfolds when allowed rather than directed. In sculpture, that lifelong enquiry takes form, while what emerges continues to inform it.

Simplicity is not the absence of complexity, but its integration. FROM SIMPLICITY IS COMPLICATED, 2025

03

AN ESTABLISHED MARKET

Fifty-one works in five years, thirty-five have been acquired by private collectors and held in private collections, including an international commission from France. A second international commission from, Austria, is currently in process.

Only one means acquired works are permanently out of circulation unless made available by the collector.

TERMS

AVAILABLE	16 of 51 works currently available
PRICE RANGE	R18 500 – R495 000, depending on scale and complexity
DIMENSIONS	Supplied per work on request
CLAY WORKS	In the bronze casting process; available on reservation
COMMISSIONS	Accepted by arrangement
DELIVERY	The complete process, including final delivery, is a commitment to authenticity, quality and care. Shipping quoted per destination.
VIEWING	By appointment at the studio, Brooklyn, Pretoria

COMPLETE CATALOGUE

All works bronze, piece unique, 2021–2026. Fifty-one works: thirty-five acquired and sixteen available.

Acquitted but Guilty: Innocence Lost
2023 · AVAILABLE

A Spirit of Aristocracy
2023 · PRIVATE COLLECTION

Building Blocks — Man
2022 · PRIVATE COLLECTION

Chief Lion's Totem
2025 · AVAILABLE

Egyptian Queen
2023 · PRIVATE COLLECTION

Flowing into Life
2025 · PRIVATE COLLECTION

From the Sky: No STOP signs when you fly
2024 · AVAILABLE

Into the Void
2023 · AVAILABLE

Keeper of Secrets
2021 · PRIVATE COLLECTION

Lovers' Mergence
2023 · PRIVATE COLLECTION

Najade
2026 · COMMISSION

Reflecting: We are our Memories
2022 · PRIVATE COLLECTION

Simplicity is Complicated
2025 · PRIVATE COLLECTION

The Emperor has a Visible Crown
2022 · AVAILABLE

The Merchant's Genie
2025 · PRIVATE COLLECTION

The Stance
2025 · PRIVATE COLLECTION

Tomorrow's Child: A Playful Interlude
2023 · PRIVATE COLLECTION

Androgenous: A Secret Smile of Knowing
2023 · PRIVATE COLLECTION

Awaken
2026 · PRIVATE COLLECTION

Building Blocks — Woman
2022 · PRIVATE COLLECTION

Dawning of consciousness
2021 · AVAILABLE

Embrace — a place of safety, the language of love
2024 · PRIVATE COLLECTION

Friday 17th an Angel came to Visit
2023 · PRIVATE COLLECTION

Hair: Finding Identity
2024 · AVAILABLE

Inuksuk: A Tribute
2024 · PRIVATE COLLECTION

Keeper of the Forest
2021 · AVAILABLE

Medicine Man
2025 · AVAILABLE

Phanerosis of Spirit of Metsavana I
2021 · PRIVATE COLLECTION

Remembir
2023 · PRIVATE COLLECTION

Stargazer
2024 · PRIVATE COLLECTION

The Listener
2025 · AVAILABLE

The Spirit of Nature — Earth / Plants / Rocks
2024 · AVAILABLE

The Waiting
2024 · AVAILABLE

Warrior Archetype
2023 · PRIVATE COLLECTION

An Eccentric Old Man
2024 · PRIVATE COLLECTION

A Gentle Moment
2023 · PRIVATE COLLECTION

Chef's Delight
2024 · AVAILABLE

Dream
2022 · AVAILABLE

Flow
2023 · PRIVATE COLLECTION

From the Sea
2024 · PRIVATE COLLECTION

Happy Woman
2024 · PRIVATE COLLECTION

Jazz Musician
2023 · PRIVATE COLLECTION

Life from Life — Creative Force
2022 · PRIVATE COLLECTION

Morphing
2024 · AVAILABLE

Primordial Mushroom Spirit
2023 · PRIVATE COLLECTION

Shape Shifter
2021 · PRIVATE COLLECTION

The Clown
2021 · PRIVATE COLLECTION

The Loop — Blue Print / Phenotype / Sage
2026 · PRIVATE COLLECTION

3 Phases 3 Faces
2022 · PRIVATE COLLECTION

Time
2024 · AVAILABLE

Wisdom Soph(ia)
2021 · PRIVATE COLLECTION

CONTACT

ENQUIRIES

ARTIST & STUDIO

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CURRENTLY ON VIEW

Bonthuijs Contemporary Art Gallery

Halfway Ridge Square, Lynnwood Road, Pretoria

PRESS ASSETS

High-resolution photographs, artist texts and dimensions available on request.

JO Steenkamp