



jos®

JO STEENKAMP

Spontaneous Sculpting



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JO Steenkamp - Sculptor

JOS® Bio & Artist Statement:

Born & raised within the diverse landscapes of South Africa, JO Steenkamp entered the sculpting arena at the age of 16. Synchronistic events led to the start of a fulltime clinical psychology private practice in 1985. His significant contributions as a psychotherapist with his continued development of the psychotherapy SHIP® (Spontaneous Healing Intra-systemic Process), in which he obtained his doctorate in 1991, & as author of 5 books, caused him to take a 22 year break from sculpting in clay. JO's work as a psychologist reflects a tapping into the wisdom of internal regulation of psychobiological dis-eases, the spontaneous healing of trauma, psychobiological wellness & transformation. He has also authored & co-authored international published articles, & has been a speaker/facilitator at numerous national & international gatherings (academic institutions, public & business forums, conferences, radio & TV talk shows, & international dialogue).

**Deep within a primordial spirit yearns.
Our responsibility is to not compromise.
To birth its voice into life is also a discovery that answers
the, "Why?"**

When JO took up sculpting again in April 2021, his art retained its original characteristic of spontaneous potentiality flow, though it now merged with a deeper understanding of the psychology of being.

"This journey of mine through various conscious-unconscious forests, & into the Void where the Spirit of No-thing configures Itself, resulted in a **"Coming Home", of finding self & living life**. It took 50 years to reach full circle, free from acquired beliefs, where every tomorrow remains a gratitude.

All manifestation is spirit, every configuration has a face. During sculpting, external boundaries fade & my hands become my spirit connection with the faces I meet within the clay. This co-creation & unique emergence through connection, reflects Life as One continuous interaction within Itself. Some of the potentialities that manifest into face-shifting configurations, collapse into reality, where others are taken up again & await to be reincarnated into new possibilities."

With JO's focus on the **creative spirit of relational exchange** he blurs the lines. In its essence this dance of connectedness with the external world functions as a spontaneous shape-shifting field of possibilities & during the confluence, between the onlooker & the JOS® Sculptures, we are exposed to a subtle peek into the mystery of all of us.

Only one of each Sculpture is casted in bronze (Original) - once casted the mould is destroyed, ensuring the uniqueness & value of each bronze piece.

JOS® Collections:

2024:



EMBRACE 2024
(bronze – height 34,5 cm; weight 5 kg)



INUKSUK: A TRIBUTE 2024
(bronze – height 30,5 cm; weight 2,5 kg)



HAIR: FINDING IDENTITY 2024
(bronze – height 36 cm; weight 4,4 kg)



CHEFF'S DELIGHT 2024
(bronze – height 35,5 cm; weight 4,6 kg)



**FROM THE SKY: NO STOP SIGNS
WHEN YOU FLY 2024**
(bronze – height 35,5 cm; weight 4,6 kg)



AN ECCENTRIC OLD MAN 2024
(bronze – height 33,5 cm; weight 2,5 kg)



STAR GAZER 2024
(bronze – height 33,5 cm; weight 2,5 kg)



HAPPY WOMAN 2024
(bronze – height 30,5 cm; weight 2,2 kg)



2023:



AQUITTED BUT GUILTY: INNOCENCE LOST 2023
(bronze – height 37,5 cm; weight 6,9 kg)



SPIRIT OF ARISTOCRACY 2023
(bronze – height 30,5 cm; weight 2,2 kg)



JAZZ MUSICIAN 2023
(bronze – height 44 cm; weight 6,4 kg)



EGYPTIAN QUEEN 2023
(bronze – height 35,5 cm; weight 2,6 kg)



REMEMBIR 2023
(bronze – height 39,5 cm; weight 6,6 kg)



PRIMORDIAL MUSHROOM SPIRIT 2023
(bronze – height 34,5 cm; weight 2,5 kg)



A GENTLE MOMENT 2023
(bronze – height 30,5 cm; weight 2 kg)



TOMORROW'S CHILD: A PLAYFUL INTERLUDE 2023
(bronze – height 33,5 cm; weight 2,5 kg)



LOVERS' MERGENCE
(bronze – height 33,5 cm; weight 2,5 kg)



FLOW 2023
(bronze – height 36,5 cm; weight 2,5 kg)



ANDROGENOUS: A SECRET SMILE OF KNOWING 2023
(bronze – height 33,5 cm; weight 2,5 kg)



INTO THE VOID 2023
(bronze – height 33,5 cm; weight 2,5 kg)



FRIDAY 17TH AN ANGLE CAME TO VISIT 2023
(bronze – Height 34cm Weight 2,5kg)



WARRIOR ARCHETYPE 2023
(bronze – height 38.5 cm; weight 5.8 kg)



2022:



3 PHASES 3 FACES UNIT 2022
Left: Humble beginnings (bronze - height 58 cm; weight 10.9 kg) Middle: From Stone to Flight (bronze- height 48 cm; weight 10.9 kg) Right: Consciousness: Some Nose, Some Don't (bronze - height 46cm; weight 9.5 kg)



REFLECTING: WE ARE OUR MEMORIES 2022
(bronze – height 38.5 cm; weight 5.8 kg)



THE EMPEROR HAS A VISIBLE CROWN 2022
(bronze – height 43 cm; weight 6.9 kg)



THE SURREAL LANDSCAPE OF THE DREAM 2022
(bronze – Height 43.5cm Weight 9.6kg)



BUILDING BLOCKS - WOMAN 2022
(bronze – Height 32cm Weight 5.5kg)



BUILDING BLOCKS - MAN 2022
(bronze – Height 36cm Weight 10.0kg)



LIFE FROM LIFE - CREATIVE FORCE 2022
(bronze – Height 42,5cm Weight 8,1kg)



2021:



PROTEUS PRIMEVAL I 2021
(bronze – height 62.5 cm; weight 21.4 kg)



PROTEUS PRIMEVAL II 2021
(bronze – height 57.5 cm; weight 19.9 kg)



PROTEUS PRIMEVAL III 2021
(bronze – height 43.5 cm; weight 11.2 kg)



PHANEROSIS OF SPIRIT OF METSAVANA I 2021
(bronze – height 55 cm; weight 12.9 kg)



PHANEROSIS OF SPIRIT OF METSAVANA II 2021
(bronze – height 59 cm; weight 18 kg)



BIRTHING OF JANUS 2021
(bronze – height 63.5 cm; weight 24.7 kg)



MODERN HUMAN PHENOTYPE 2021
(bronze – height 44 cm; weight 9.4 kg)



THE CLOWN 2021
(bronze – height 60.5 cm; weight 12.9 kg)



WISDOM SOPH(IA) 2021
(bronze – height 42.5 cm; weight 13.7 kg)



CHARON FERRYMAN 2021
(bronze – height 40.5 cm; weight 9.3 kg)

EXHIBITIONS:

2024:

- SCULPTX 2024: Melrose Gallery, Johannesburg
6 September to 2 November 2024
- Groenkloof Advocate Chamber: Pretoria
July 2024
- Private Solo Exhibition hosted by Terenzo Suites, Johannesburg
May 2024

Submerging into *Flow* nurtures our spirit
& allows us to grasp the reason
as we become us