

**JOS<sup>®</sup>**  
Spontaneous Sculpting

— JO STEENKAMP



JO Steenkamp - Sculptor

## JOS<sup>®</sup> Bio & Artist Statement:

Born & raised within the diverse landscapes of South Africa, JO Steenkamp entered the sculpting arena at the age of 16. Synchronistic events led to the start of a fulltime clinical psychology private practice in 1985. His significant contributions as a psychotherapist with his continued development of the psychotherapy SHIP<sup>®</sup> (Spontaneous Healing Intra-systemic Process), in which he obtained his doctorate in 1991, & as author of 5 books, caused him to take a 22 year break from sculpting in clay. JO's work as a psychologist reflects a tapping into the wisdom of internal regulation of psychobiological dis-eases, the spontaneous healing of trauma, psychobiological wellness & transformation. He has also authored & co-authored international published articles, & has been a speaker/facilitator at numerous national & international gatherings (academic institutions, public & business forums, conferences, radio & TV talk shows, & international dialogue).

**Deep within a primordial spirit yearns.  
Our responsibility is to not compromise.  
To birth its voice into life is also a discovery that answers  
the, "Why?"**

When JO took up sculpting again in April 2021, his art retained its original characteristic of spontaneous potentiality flow, though it now merged with a deeper understanding of the psychology of being.

"This journey of mine through various conscious-unconscious forests, & into the Void where the Spirit of No-thing configures Itself, resulted in a **"Coming Home", of finding self & living life**. It took 50 years to reach full circle, free from acquired beliefs, where every tomorrow remains a gratitude.

All manifestation is spirit, every configuration has a face. During sculpting, external boundaries fade & my hands become my spirit connection with the faces I meet within the clay. This co-creation & unique emergence through connection, reflects Life as One continuous interaction within Itself. Some of the potentialities that manifest into face-shifting configurations, collapse into reality, where others are taken up again & await to be reincarnated into new possibilities."

With JO's focus on the **creative spirit of relational exchange** he blurs the lines. In its essence this dance of connectedness with the external world functions as a spontaneous shape-shifting field of possibilities & during the confluence, between the onlooker & the JOS<sup>®</sup> Sculptures, we are exposed to a subtle peek into the mystery of all of us.

Only one of each Sculpture is casted in bronze (Original) - once casted the mould is destroyed, ensuring the uniqueness & value of each bronze piece.

# JOS® Sculptures:



PROTEUS PRIMEVAL I  
(bronze – height 62.5 cm; weight 21.4 kg)



PROTEUS PRIMEVAL II  
(bronze – height 57.5 cm; weight 19.9 kg)



PROTEUS PRIMEVAL III  
(bronze – height 43.5 cm; weight 11.2 kg)



PHANEROSIS OF SPIRIT OF METSAVANA I  
(bronze – height 55 cm; weight 12.9 kg)



PHANEROSIS OF SPIRIT OF METSAVANA II  
(bronze – height 59 cm; weight 18 kg)



BIRTHING OF JANUS  
(bronze – height 63.5 cm; weight 24.7 kg)



MODERN HUMAN PHENOTYPE  
(bronze – height 44 cm; weight 9.4 kg)



THE CLOWN  
(bronze – height 60.5 cm; weight 12.9 kg)



WISDOM SOPH(IA)  
(bronze – height 42.5 cm; weight 13.7 kg)



CHARON FERRYMAN  
(bronze – height 40.5 cm; weight 9.3 kg)



3 PHASES 3 FACES UNIT  
Left: Humble beginnings (bronze - height 58 cm; weight 10.9 kg) Middle: From Stone to Flight (bronze - height 48 cm; weight 10.9 kg) Right: Consciousness: Some Nose, Some Don't (bronze - height 46 cm; weight 9.5 kg)



**LIFE FROM LIFE - CREATIVE FORCE**  
(bronze – Height 42,5cm Weight 8,1kg)



**THE SURREAL WORLD OF THE DREAM**  
(bronze – Height 43.5cm Weight 9.6kg)



**BUILDING BLOCKS - MAN**  
(bronze – Height 36cm Weight 10.0kg)



**BUILDING BLOCKS - WOMAN**  
(bronze – Height 32cm Weight 5.5kg)



**REMEMBIR**  
(bronze – height 39,5 cm; weight 6,6 kg)



**FRIDAY 17th AN ANGLE CAME TO VISIT**  
(bronze – Height 34cm Weight 2,5kg)



**JAZZ MUSICIAN**  
(bronze – height 44 cm; weight 6,4 kg)



**A GENTLE MOMENT**  
(bronze – height 30.5 cm; weight 2 kg)



**LOVERS' MERGENCE**  
(bronze – height 33,5 cm; weight 2,5 kg)



**SECRET SMILE OF KNOWING**  
(bronze – height 36 cm; weight 5,1 kg)



**THE EMPEROR HAS A VISIBLE CROWN**  
(bronze – height 43 cm; weight 6.9 kg)




**REFLECTING: WE ARE OUR MEMORIES**  
(bronze – height 38.5 cm; weight 5.8 kg)

**Submerging into *Flow* nurtures our spirit  
& allows us to grasp the reason  
as we become us**

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